



NORSK RUN

2 Mile Run/Walk & 5 mile run
8:30AM Saturday June 8, 2019
Grundahl Park Shelter, Mount Horeb

Benefiting the Mount Horeb Summer Frolic
The kickoff to summer for 51 years!

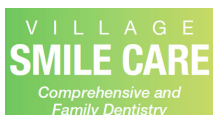
**An all-ages event with awards
 given to top 3 finishers in each
 division of both races**



	Individual	Family of 3	Family of 4+
After 5/18	\$20	\$45	\$50

**\$10 Event T-shirt available on Race Day
 while supplies last**

Register online at
mthorebsummerfrolic.com/Norsk
thru June 6th
**Paper registration forms will be
 available on Race Day**



Hosted by Knights of Columbus Council #10559

